



VICTORIA UNIVERSITY OF
WELLINGTON
TE HERENGA WAKA

THE CLINICAL PSYCHOLOGY CENTRE

The Clinical Psychology Centre is the training facility for the Clinical Psychology programme at Te Herenga Waka—Victoria University of Wellington.

Opening hours

Monday 9 am–5 pm, Wednesday 1 pm–5 pm
Thursday 9 am–5 pm, Friday 9 am–1 pm

Contact details

☎ +64 4 463 6400
✉ psychclinic01@vuw.ac.nz

The Centre's purpose is to provide psychological services to the community, and to train postgraduate clinical psychology students under the supervision of experienced clinical psychologists.

WHAT DOES THE CENTRE OFFER?

The Centre offers assessment and therapy for a range of mild to moderate problems. Referrals will be screened by Centre staff members to ensure they are suitable for a clinical psychology trainee. Services are available to adults, children, young people, and their families.

THE CENTRE OFFERS SERVICES FOR:

- ▶ ADHD
- ▶ Anxiety and phobias
- ▶ Behavioural problems
- ▶ Depression
- ▶ Developmental concerns
- ▶ Learning/cognitive assessments
- ▶ Parenting and parent support
- ▶ Relationship issues, including family and parent/child relationships
- ▶ Sleep problems
- ▶ Stress management and life changes.

HOW DO YOU MAKE AN APPOINTMENT?

The Centre accepts self-referrals. During our initial discussion, we will consider whether we are the most appropriate service, or whether another service might be more suitable. To make an enquiry, phone the Centre on 04 463 6400, or email psychclinic@vuw.ac.nz

CONFIDENTIALITY

The Clinical Psychology Centre ensures that client confidentiality is maintained at all times. Information is only shared outside the Centre with permission from clients or if there are concerns about someone's safety.

RESEARCH

From time to time, the Clinical Psychology Centre is involved in research projects. Clients may be asked to give permission to participate anonymously in such research. Permission is voluntary and deciding not to participate in research will not affect the services a client is offered at the Centre.

FEES

The Centre is a training facility and fees are structured accordingly. Fees for waged clients are \$75 per session. Fees for non-waged/students are \$35 per session.

Payment at the end of each session is desirable.

Fees for specific assessments are as follows:

Cognitive/learning assessment: \$600

Cognitive and psychological assessment: \$600

ADHD assessment: \$600 Payment is required prior to feedback of the results of the assessment.

PAYMENT

Payment can be made by cash or EFTPOS at the Centre.

CANCELLATIONS

If you need to cancel an appointment that has already been made for you, contact the Centre at least 24 hours before the time of your appointment.

TEACHING

The Centre provides practical experience under qualified supervision for trainee clinical psychology students from the University's School of Psychology clinical programme.

You will be asked for your permission to have students involved in the assessment or therapy provided.

Sessions at the Centre are routinely recorded for training and teaching purposes.

INITIAL APPOINTMENT

Date _____

Time _____

Supervising psychologist

Student psychologist

LOCATION

The Clinical Psychology Centre is located at 20 Kelburn Parade, Kelburn, Wellington.

If you need a car park, check with your clinician, as we have a reserved car park available. It is located between house numbers 20 and 22—look for Gate 13 on Kelburn Parade. The park is marked 'Reserved for Psychology Clinic'.

