



SUGGESTED STUDY ROUTINE

Some preparation before the lecture will improve your understanding of what the lecture is about. Preparation time will vary from week to week and for each subject. While the following method is recommended, you will need to try these ideas for yourself and see what works for you. Time spent reviewing your notes within 24 hours of the lecture will assist your understanding and memory.



1 hour before the lecture

- Find out your next lecture topic
- Read or skim text to help understand what the lecture will be about. Use your Course Outline to find out about this
- Look for new terms and concepts
- Ask questions



1 hour during the lecture

- Start new page, and add heading -topic, name, date
- Use your listening skills: **Listen** for phrases such as 'The **main** point ...'
- Brief notes -main ideas: use your own words except definitions, facts, formulae
- Write down major/minor points; use abbreviations
- Understand lecturers: are they summarising/showing relationships/giving examples?
- Differentiate fact from opinion
- Note vocabulary/ concepts you are unsure of
- Leave blank spaces to add to later. Use margins for questions, comments



1 hour after the lecture

- Review your notes within 24 hours to clarify ideas. Spend time understanding and thinking about the information.
- Re-organise information in own words using key ideas, colour, charts, diagrams or mindmaps
- Find any information you don't understand - clarify gaps. Raise questions in your tutorial or with lecturer.
- Discuss ideas in a study group
- Link to previous lectures



Related resources:
Week Planner
Allocating your time

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