

Look forward to a career helping people build healthy lifestyles, manage stress, and realise their potential.

MASTER OF HEALTH PSYCHOLOGY

The Master of Health Psychology (MHIthPsyc) is a two-year degree that advances your understanding of the interactions between the biological, psychological, social, and cultural aspects of health and wellbeing and gives you the skills to translate this knowledge to promote physical and psychological wellbeing in Aotearoa New Zealand.

Your desire to make a positive difference to the wellbeing of Māori, Pasifika, and diverse communities can be realised through your studies, and you can look forward to a career helping people reach their potential with mana and cultural integrity.

PATHWAY TO BECOMING A REGISTERED PSYCHOLOGIST— POSTGRADUATE DIPLOMA IN HEALTH PSYCHOLOGY PRACTICE

Completion of the Master of Health Psychology, with an average grade of at least B+, enables you to apply for the Postgraduate Diploma in Health Psychology Practice. This is a one-year programme that includes 1,500 hours of internship placement. Completion of the Postgraduate Diploma in Health Psychology Practice prepares you to register as a psychologist with the New Zealand Psychologists Board.



	Postgraduate Certificate in Health Psychology	Postgraduate Diploma in Health Psychology	Master of Health Psychology	Postgraduate Diploma in Health Psychology Practice
Start date	February, July	February, July	February, July	January
Total courses	2-4	5–7	6-8	2, plus 1,500 hours internship
Duration (full time)	1 trimester	2 trimesters	4 trimesters	12 months
Entry requirements	A Bachelor's degree or graduate diploma in a psychology discipline	A Bachelor's degree or graduate diploma in a psychology discipline	A Bachelor's degree or graduate diploma in a psychology discipline, with an average grade of at least B	Master of Health Psychology (including HPSY 503) with an average grade of at least B+, selection interview

To plan your pathway, contact us:



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